

## MENTAL HEALTH ACTION PLAN

### 1.0 Matter for consideration

- 1.1 The Mental Action Plan 2013 is an all age, multi-agency action plan implemented by the named officers as part of their portfolio.

### 2.0 Recommendation(s)

- 2.1 To agree the Mental Health Action Plan and consider the progress made towards the key priorities
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### 3.0 Information

The Mental Health Action plan has been produced in line with the objectives set out in national *No Health Without Mental Health* cross-government strategy using the life course approach themes:

- **Starting Well**
- **Developing Well**
- **Living Well**
- **Working Well**
- **Ageing Well**

- 3.1 The Plan is designed to provide co-ordinated action across partner organisations to achieve parity of esteem between physical and mental health. It aims to ensure that mental health is 'everybody's business' and embedded throughout services in Blackpool.
- 3.2 This plan has been revised following the mental health themed discussion on the 16<sup>th</sup> January 2013; and an update on progress was presented to the Board on 18<sup>th</sup> September 2013. The plan is now being presented in its final form for Board approval. This is an ongoing working document that will be monitored at the relevant commissioning groups jointly held between Health and social care including public health.
- 3.3 Using the life course approach themes a synopsis is provided below of progress made against actions with milestone dates within the financial year 2013-2014.
- 3.4 **Starting Well**
- A pathway has been produced to support women identified as having perinatal or postnatal depression.
  - The perinatal mental health pathway is in operation and is embedded within other agencies involved within the process.
  - A substantial evidence base has been reviewed into Foetal Alcohol Syndrome (FAS) addressing the needs within Blackpool

- The mapping process has been completed and a care pathway for children with Foetal Alcohol Syndrome has been developed and is currently being reviewed. The pathway will be signed off in January of 2014.

### **3.5 Developing Well**

- A task & finish group has been set up to explore issues relating to emotional health and wellbeing in secondary schools with an action plan available to manage tasks.
- Action completed to identify and swiftly refer into looked after children psychological services
- ASIST and SafeTALK sessions have been completed by a number of front line workers within Blackpool. Further dates will be identified in 2014/2015 ensuring as many workers attend the training.

### **3.6 Living Well**

- The mental health helpline has extended its opening hours for Blackpool clients only
- A campaign to promote this ran in October to coincide with World Mental health Day. Further campaigns to promote positive mental health are being developed.
- Respite and rehabilitation facilities to close due to under occupancy. A review of crisis provision is currently underway.

### **3.7 Working Well**

- Health Works Awards event took place in September to showcase the positive steps Blackpool organisations have made towards making their businesses healthier workplaces. Blackpool Council achieved Gold standard.
- Blackpool Council led by Cllr Blackburn signed the 'Time to Change' pledge to end mental health stigma.
- Work experience being developed which will give additional opportunities for young people in the NEET group. The recruitment of additional apprentices from the NEET group is also underway.
- A council wide apprenticeship programme, giving the NEET group priority is in place. Additional training is offered to support manager when supporting apprentices to ensure they have the best chance of success.

### **3.8 Ageing Well**

- A screening tool has been identified and is being piloted within a local GP surgery, the evaluation will be available in 2014.
- An action plan has been developed and submitted to the Alzheimer's Society pledging Blackpool Council's commitment to becoming a Dementia Friendly Organisation.

#### **4.0 Financial considerations**

4.1 None

#### **5.0 Legal considerations**

5.1 None

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#### **Relevant officer:**

Helen Lammond-Smith, Assistant Director of Commissioning, Blackpool CCG

#### **Appendices attached:**

Appendix 5a: Mental Health Action Plan 2013-2014

#### **Background papers:**

None

#### **Websites and e-mail links for further information:**

N/A

#### **Glossary:**

None